## CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Message from Secretary-General</td>
<td>3</td>
</tr>
<tr>
<td>Highlights</td>
<td>4</td>
</tr>
<tr>
<td>Curriculum Development</td>
<td>11</td>
</tr>
<tr>
<td>Training</td>
<td>14</td>
</tr>
<tr>
<td>Credentialing</td>
<td>25</td>
</tr>
<tr>
<td>ICCE Core Values</td>
<td>30</td>
</tr>
<tr>
<td>Welcome on Board</td>
<td>31</td>
</tr>
</tbody>
</table>

### Editorial Team
- Gayathri Jayasooriya
- Shella Ruiz-Marquez
- Lihini de Silva
- Nimalka De Silva
As Colombo Plan celebrates its 65th anniversary, it is with pleasure that we announce the revival of our flagship Long-term Scholarship Programme (LTSP) through the launch of the ICCE Fellowship Programme. With seven years service in addressing the global need for a skilled Drug Demand Reduction (DDR) workforce, ICCE is implementing this Post Graduate Diploma programme in collaboration with Cyberjaya University College of Medical Sciences of Malaysia, Mahidol University of Thailand and Kenyatta University of Kenya. This programme will provide opportunities for mid-career addiction professionals from Asia and Africa to further enhance their professional development in addiction treatment.

Further, with funding support from the Bureau of International Narcotics and Law Enforcement Affairs (INL), US Department of State, ICCE spearheaded the launch of the International Consortium of Universities for Drug Demand Reduction (ICUDDR). Through this consortium, twenty universities from Asia, Africa, Middle East, United States and Europe are considering possibilities of propagating the Universal Treatment Curriculum for Substance Use Disorders (UTC) and Universal Prevention Curriculum for Substance Use (UPC) through the university system.

I wish to extend my sincere gratitude to all participating universities for the support extended to ICCE in implementing initiatives in the field of prevention and treatment. I also take this opportunity to congratulate ICCE as it spreads its wings wider to reach more people in all regions of the world in its mission of expanding the Drug Demand Reduction workforce.

Kinley Dorji
Secretary General

We at ICCE would like to extend our heartiest congratulations to Colombo Plan for completing 65 outstanding years of excellence. Colombo Plan has been consistent in living-up to its mission to share human and technical resources and assisting in sharing knowledge and skills with its member countries. Over the past 65 years, Colombo Plan has grown from economic and social development ventures to a policy making and governing body.

Apart from the major contributions by way of significant projects in Sri Lanka, Colombo Plan's yeoman service to change the socio-economic status in the Asia Pacific region is commendable. ICCE is privileged to be a part of this organisation par excellence and would like to take this opportunity to express heartfelt gratitude for the support extended by Colombo Plan in the implementation of DDR initiatives. The Director and staff at ICCE wish Colombo Plan many more years of success in its mission.

Congratulations on reaching an exciting milestone!

ICCE Team
The establishment and launching of the International Consortium of Universities for Drug Demand Reduction (ICUDDR) at the culmination of the Meeting for University Education Providers is a significant milestone for INL’s global initiative to train, expand and professionalise the drug demand reduction workforce. Besides the usual dissemination strategy through training on the Universal Prevention Curriculum for Substance Use (UPC) and the Universal Treatment Curriculum for Substance Use Disorders (UTC), there is now an additional strategy through integration of these two curricula into the university system.

Funded by the Bureau of International Narcotics and Law Enforcement Affairs (INL), US Department of State, the meeting for University Education Providers was carried out in Honolulu Hawaii. This meeting was attended by representatives from INL, Colombo Plan ICCE, The Inter-American Drug Abuse Control Commission, Organisation of American States (CICAD/OAS), SME Consulting, and ISSUP. Twenty university lecturers from Asia, Africa, Middle East, United States and Europe gathered to look into possibilities of propagating the Universal Treatment Curriculum for Substance Use Disorders (UTC) and Universal Prevention Curriculum for Substance Use (UPC) through the university system.

Discussions on the meeting were based on disseminating the UTC and UPC curricula within universities. The important objective of this meeting was to share the UTC and the UPC curriculum (free of charge) by establishing Education Provider Agreements while structuring it in a way that maintains the integrity of the curriculum content. The gathering also looked into optional process of credentialing of addiction professionals through the university programmes.
From Hawaii to Prague: 2017 ICUDDR Conference

The ICCE team led by Mr. Tay Bian How, Director ICCE had a meeting with Dr. Michal Miovsky and his team of teaching staff from the Department of Addictology of the Charles University, Prague on 9 June, 2016 at the University Campus.

During the meeting, the Charles University committed to host the 2017 ICUDDR (International Consortium of Universities on Drug Demand Reduction) Conference in Prague in collaboration with ICCE. About 200 participants are expected from Europe and other parts of the world. The first two days will focus on ICUDDR matters and on the last day there will be five breakout tracks on scientific updates on addiction science by various university professors.

As the only University offering courses on addiction science in Europe (besides UK), Charles University is also looking forward to offer an international Master's Degree on addictology based on both the Universal Prevention Curriculum for Substance Use and Universal Treatment Curriculum for Substance Use Disorders. The course will be offered in English and will include practical training.

— Dr. Michal Miovsky

Mr. Tay Bian How (third from the left) and Dr. Michal Miovsky (fourth from the left) and his team of teaching staff
ICCE Meeting for University Education Providers in Korea

In an era where change is taking place swiftly, individuals and organisations are compelled to adjust and move along with the change. In the same way, the magnitude of the global drug problems ranging from multiple illicit drugs penetrating into communities, to the health and economic consequences of substance use disorders warrant the need to provide prevention and treatment intervention.

At the same time, there is a shortage of trained professionals in the addiction field. In responding to the growing need to train addiction professionals, Colombo Plan ICCE was established on 16 February 2009 as the training and credentialing arm of the Drug Advisory Programme. ICCE is a part of the global initiative funded by the Bureau of International Narcotics and Law Enforcement Affairs (INL), US Department of State. It has a special collaboration with the National Association of Alcohol and Drug Abuse Counsellors (NAADAC) of USA to train, credential, and professionalise the drug demand reduction workforce worldwide.

Another strategy is through university education providers which allows universities to integrate ICCE curricula in the university’s existing course or new course. ICCE also disseminates training through organisational education providers.

— Tay Bian How

Since its establishment, ICCE has trained addiction professionals in the Asia Pacific, Central Asia, the Caribbean and Africa. ICCE training has been disseminated through the training of trainers for national trainers and echo training in countries throughout the various regions as well as through cost-sharing initiatives.

ICCE has expanded its initiatives through organisational education providers.

In this regards, on 23 May 2016, ICCE Director, Mr. Tay Bian How had a meeting with 320 addiction professionals including representatives from 12 universities in Korea. At the meeting, Mr. Tay presented among other things the ICCE dissemination strategy, the prevention and treatment curricula as well as the credentialing process and the way forward for universities to play a part in the training and credentialing of addiction professionals. There was a keen interest for universities in Korea to become university education providers.

At the same time, Mr. Tay signed an MoU with two universities, Chungnam and Namseoul University. These two universities will be integrating the ICCE Curricula into their certificate and graduate courses respectively.
In its continuous efforts to address the global need for a skilled Drug Demand Reduction (DDR) workforce and sustain the dissemination of the treatment and prevention curricula, International Centre for Credentialing and Education of Addiction Professionals (ICCE) is launching the ICCE Fellowship Programme in August 2016. This initiative, implemented as part of the Colombo Plan’s flagship Long-term Scholarship Programme (LTSP), brings mid-career addiction professionals from Asia and Africa to further enhance their professional development in the addiction treatment field in participating universities in the Asian and African regions.

This is a Postgraduate Diploma Programme which offers wide opportunities for both academic and professional development through taught courses, besides attending conferences, networking, and acquiring practical work experiences inclusive of clinical attachment. Upon completion of the Programme, Fellows will need to write any of the ICCE credentia ling examination offered at three levels, namely: International Certified Addiction Professional I (ICAP I), International Certified Addiction Professional II (ICAP II) and International Certified Addiction Professional III (ICAP III).

The ICCE Fellowship Programme will be implemented in collaboration with three universities, that is, Cyberjaya University College of Medical Sciences (CUCMS), Cyberjaya, Malaysia, Mahidol University, Bangkok, Thailand, and Kenyatta University, Nairobi, Kenya. Successful candidates for the ICCE Fellowship who are sent to CUCMS and Kenyatta University will undergo the Postgraduate Diploma in Addiction Science, while those sent to the ASEAN Institute for Health Development (AIHD), Mahidol University will undergo the Postgraduate Diploma in Addiction Studies. CUCMS and AIDH will start their academic year in August 2016, and Kenyatta University in September 2016.
The Planning Meeting with Kabul University was held on 19 May 2016 at Sukosol Hotel, Bangkok, Thailand. Amongst the attendees were the Afghanistan delegation comprising HE Prof. Dr. Habibullah Habib (Kabul University), Dr. Asadullah Muhaqquique, Mr. Sayed Ebrahim Shah Salime (Ministry of Education) and Dr. Mohamad Zafar (CP Kabul Office). Mr. Tay Bian How, ICCE Director and Dr. Josephine Choong, Curriculum Development Coordinator (Prevention) were also present.

At the conclusion of the meeting, the deliverables were as follows:

- Musyawarrah Department, Psychology Faculty, University of Kabul will integrate the UTC into the university system.
- Eight (8) staff members from the department will undergo the PGDAS under the CP ICCE Fellowship Programme 2016/2017. Selection of eligible candidates by INL and CP is scheduled for July 2016. The implementation of CP ICCE Fellowship Programme 2016/2017 is August 2016 by the two participating universities, that is CUCMS, Malaysia and Mahidol University, Thailand. The eight Fellows are expected to take the ICCE Credentialing Examination (ICAP I) in July 2017. The signing of the MoU for the integration of UTC into university curriculum of Kabul University is scheduled at the next Afghan Stakeholders Meeting in 2017. The integration of the UTC into the university course of Kabul University is expected to take place in 2017/2018 academic year.
- Kabul University will start the formal process of becoming an ICCE University Education Provider.
The First ICCE Commission Executive Board Meeting was held in Abu Dhabi from 8th to 9th March 2016. The meeting was jointly funded by National Rehabilitation Centre (NRC) UAE and INL, US Department of State. A total of 17 participants attended the meeting including seven Executive Board members, four Ex-officio members/advisors and three ICCE officers.

The two-day meeting discussed key issues concerning ICCE training and credentialing matters. Recognition of ICCE as a long-lasting programme was strongly recommended by the Executive Board to ensure and maintain good quality of SUD treatment and care at the global level.

ICCE proposal for the establishment of Regional Certification Boards and Consortium of Universities for Western Hemisphere and Eastern Africa to scale up ICCE training and credentialing Programme in these regions was approved.

Eligibility criteria for “Guiding Recovery of Women” or GROW Endorsement which would be a part of the ICAP credentials was finalized. The Code of Ethics for Recovery Coaches and Prevention Specialists were drafted.

Following the First Executive Board meeting, ICAP II Credentialing Examinations were held in Abu Dhabi, UAE on 9th March 2016 at Beach Rotana Abu Dhabi and on 10th March 2016 at National Rehabilitation Centre. A total of eight candidates participated in the examination.

"ICCE functions as a full-fledged programme, considering the number of activities carried out by ICCE in a year. Therefore, I proposed to the Colombo Plan Secretariat and to the ICCE Commission Executive Board members to recognise ICCE as a full-fledged programme. This would enhance the image of ICCE among the member countries and also would help in scaling up its initiatives world wide."

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Tailoring Visits to Botswana and Namibia

With a view to expanding the global reach of ICCE training initiatives, ICCE and INL Officials conducted tailoring visits in Botswana and Namibia in February and March this year. INL Senior Advisor William McGlynn and ICCE Training Coordinator for Africa George Murimi conducted the two-day visit to Botswana from 29 February to 1 March while ICCE Director Mr. Tay Bian How joined Mr. McGlynn in Namibia to conduct the visit from 3rd to 4th March.

In Botswana, a series of meetings were held with the ICCE Global Master trainers, officials of the American Embassy in Botswana and Ministry of Health led by Deputy Permanent Secretary Dr. Jibril, teaching faculty of the University of Botswana, and the staff of the Botswana Substance Abuse Social Network (BOSASNet), staff of the International Law Enforcement Academy (ILEA), Gaborone and Sbarna Psychiatric Hospital Clinical and Administrative Personnel. During these meetings the INL and ICCE officials were provided with an overview of the alcohol and drug situation, and the health sector operations in the country in relation to HIV/AIDS. Insufficient resource allocation for drug demand reduction initiatives and research gaps on the drug situation in the country were highlighted by officials of the University of Botswana and BOSASNet.

In Namibia, the ICCE and INL officials held meetings with representatives from the US Embassy and Namibian Ministry of Health and Social Services. Providing an excellent overview of the situation in Namibia, Deputy Chief of Mission Jon Kowalski and Political officer Steve Mraz of the US Embassy, highlighted the government’s interest in supporting treatment and prevention of substance use. Elaborating on the treatment and prevention situation in the country, Ms. Petronella Mesabane, Director of Social Welfare of the Ministry of Health and Social Services, stated that the government is reviewing a new draft law and a five year strategic plan on prevention and treatment. She also indicated interest in creating a cadre of dedicated trainers and expanding outreach on drugs in medical facilities, schools, and churches. The ICCE and INL officials also visited the Etegameno Rehabilitation and Resource Centre and Rehoboth Outreach and Counselling Centre, both providing treatment for persons with Substance Use Disorders.

The tailoring visits to Botswana and Namibia were successfully concluded with both countries agreeing to implement UTC and UPC trainings, and organisations from both countries expressing interest in becoming ICCE education providers. The trainings will be conducted on a cost-sharing basis and will commence in the course of the year. Further on, it is envisaged that the ICCE trainings will be mainstreamed within the respective countries’ educational and professional development frameworks for purposes of perpetuity and sustainability.
ICCE convened the Expert Working Group review meetings (EWG) in its effort to facilitate the completion of the Advanced Level UTC courses development. The EWG review is the first of the seven steps process of curriculum development. It aims to assess the content of each curriculum and look into the content, structure and organisation of materials. It also tries to ensure that the materials contained the latest and up-to-date information that will enhance the knowledge and skills of practitioners in particular areas covered by the course. The process is also meant to identify content gaps and offer recommendations for its further development.

Two cycles of EWG meetings were organised during the period of January to June 2016. The review meeting on 17th - 19th January 2016 in Dubai, UAE, focused on UTC Courses 11: Enhancing Motivational Interviewing Skills, and Course 13: Contingency Management and on 17th – 19th February 2016 in Colombo Sri Lanka, another group reviewed UTC Courses 11: Enhancing Motivational Interviewing Skills, and Course 13: Contingency Management.

Aside from the writers and ICCE Officers, members of the EWG were selected based on their subject matter expertise and extensive experience in the field of SUD treatment. Everyone was very committed to the task as they thoroughly went through the content of the manuals under review. They made detailed recommendations to ensure that the core foundational concepts are clearly explained and skill building exercises are integrated. The review of UTC Advanced Levels manuals was completed through collaborative efforts of the Expert Working Group members and the objectives of the meetings were achieved. This last cycle brought to completion the process of review for the new Advanced Level UTC Courses.
ICCE and APSI Convene UPC Implementers Series Curriculum Developers Meeting

The UPC-I curriculum developers team meeting that convened in Washington on 27th - 29th April 2016 comprised INL staff (2), Colombo Plan ICCE (2), APSI staff (4), ISSUP (1), and curriculum developers (14), and university representatives (3).

The meeting highlights included the following:

- Curriculum Development Process and Meeting with University Education Providers by Mr. Tay Bian How, ICCE Director.
- UPC-I Presentations by the respective curriculum developers included CORE Course, Family-based Prevention, School-based Prevention, Workplace-based Prevention, Media-based Prevention, Environment-based Prevention, Community-based Prevention and Monitoring and Evaluation.

Meeting with Colombian DDR Workforce

Sixteen representatives from various ministries in Colombia, namely; Ministry of Health, Ministry of Education, Ministry of Justice and Law, UNDCP, Family Welfare Authority, Prisons and Police came together in a meeting with the Colombian Drug Demand Reduction (DDR) workforce and INL, US Department of State convened at Courtyard Marriott, Rosslyn in response to a visit by a delegation of Colombia’s drug demand reduction institutions in the United States to gain exposure on U.S. treatment and prevention initiatives. Furthermore, INL made sure that their visit becomes memorable by assembling a panel of prevention experts from across the U.S. to brief them on the various prevention settings, interventions, programmes, and options.
An Expert Working Group Meeting (EWGM) for the Universal Prevention Curriculum for Substance Use - Implementers Series (UPC-I), CORE Course commenced at the Hilton Colombo Hotel, Sri Lanka on 1st -2nd June 2016. The panel of prevention experts comprised of Professor Dato’ Dr. Mahmood Nazar Mohamed (Malaysia), Ms. Tanita Nakin (Thailand), Ms. Teresita Pineda (Philippines), Ms. Francis Grace Duka-Pante (Philippines) and Ms. Susan Maua (Kenya). Also in attendance were Dr. Ahmad Khalid Humayuni (CP DAP, Afghanistan), two ICCE trainers, namely, Ms. Susmita Banerjee and Mr. George Murimi, and Ms. Susan B. David (US) who are also part of the curriculum developers for this course convened together.

The two-day meeting was chaired by Mr. Tay Bian How, ICCE Director and coordinated by Dr. Josephine Choong, Curriculum Development Coordinator (Prevention). The review process of the CORE Course was guided by the following Terms of Reference: Respect, Science-driven, Citation of referenced material, Appropriateness to the field, setting, culture and language Continuity of content/Flow, Inclusion of Trainer Notes / Instructions / Resource Pages, and Make learning fun/experiential learning. The comments of the panel were focused on three aspects, namely, Content, Structure and Delivery. Upon completion of the EWGM, both the curriculum developer and panel made significant contributions towards the revision of the first draft of the CORE Course.
Maldives: Implementation of UPC Second Cycle of Training

In August 2015 ICCE conducted the first cycle of training on UPC Coordinators Series for Maldives. The Programme was co-funded by Bureau of International Narcotics and Law Enforcement Affairs (INL), US Department of State through ICCE and National Drug Agency, Government of Maldives. This training covered UPC 1: Introduction to Prevention Science and UPC 2: Physiology and Pharmacology for Prevention Specialists. As a result, the National Drug Agency (NDA), Government of Maldives requested to continue with the implementation of the UPC Coordinators Level Series in the country.

The Colombo Plan- International Centre for Credentialing and Education of Addiction Professionals (CP-ICCE) organised the second cycle of Training of Trainers programme on the Universal Prevention Curriculum for Substance Use from 13th to 22nd March 2016 at the Ministry of Islamic Affairs in Male, Maldives with funding support from NDA. The training covered two courses from Universal Prevention Curriculum for Substance Use, which are UPC 5: School-based Prevention Intervention and UPC 6: Workplace-based Prevention Intervention. A total of 16 participants from NDA, Ministry of Home Affairs, Ministry of Education and NGOs attended the programme.

The overall goal of the training series is to reduce the health, social, and economic problems associated with SUDs by building international prevention and treatment capacity through training, professionalising, and expanding the global treatment workforce.

The specific objective was to improve the standards of School- and Workplace-based Prevention Programme in Maldives by training and empowering the Maldivian service providers working in the area of Drug Demand Reduction.

Two facilitators from ICCE, Ms. Susmita Banerjee and Ms. Shella Ruiz-Marquez worked collaboratively in conducting the training through power point presentations, interactive discussions, small group activities, role plays, sharing of information and feedback.

Training on UPC 5 provided the participants with an understanding on the opportunities that schools provide for implementing substance use prevention; on matching students’ developmental stages to prevention programmes and strategies; principles of effective prevention practice in school; selecting prevention curriculum through web-based registries; issues pertaining to implementation fidelity and adaptation; and developing participants’ understanding of effective substance use prevention policies and whole school prevention programmes.

Training on UPC 6 provided the participants with an overview of the problem of drug use; risk and protective factors for drug use; preparing the business and societal case for implementing drug abuse prevention in the workplace; identifying and engaging key workplace stakeholders in the implementation process; components of evidence-based drug abuse prevention practices as delineated in the UNODC International Standards on Drug Use Prevention; steps in programme implementation; barriers to workplace prevention implementation and strategies for overcoming those barriers.

On the last day of the training the participants were given an opportunity to practise facilitation skills through “teach-back” sessions. They were evaluated based on their knowledge, facilitation and communication skills, ability to engage participants etc.

Ms. Fathimath Azza, NDA Board Vice-Chair, National Drug Agency was the Chief Guest at the closing ceremony. Mr. Hassan Shaheel, CEO, National Drug Agency, was also present to grace the occasion.
ICCE Trains ASEAN Countries on Universal Treatment Curriculum

ICCE conducted UTC 14: Working with Families training course on a cost-sharing effort with Thanyarak Hospital Thailand. The five-day training programme was from 30th May to 3rd June 2016 at Thanyarak Institute premises, Pathumthani, Thailand. UTC 14 course is an Advanced level training course which focuses on the effects of Substance Use Disorders (SUD) on families and highlights the role of the families in the treatment process.

The trainers for this initiative were Dr. Edna Luz Abulon, Mr. Achmad Rahim, and Mr. Fancis Moohedan. A total of 37 participants from 11 ASEAN countries attended the programme with divergent professional backgrounds. As this was a multi-cultural class, the trainers made commendable efforts to facilitate learning and ease of comprehension.

The interactive presentations, energetic activities planned, and encouraging nature of the trainers were remarkable. All efforts by trainers were evident from the enthusiastic responses received from the participants. The interactive discussions between the trainers and participants added rich experience to the training. The participants gave their best to actively engage in all role plays and group work. The collaborative efforts from both trainers and participants led the training to its successful completion.

The participants expressed their heartfelt gratitude to Thanyarak Hospital, the Colombo Plan ICCE, and the trainers for the “refreshing, insightful and inspiring training experience”.

Class activity on Family Values

Recreational activity during the training
Shanthi Ranganathan was widowed in 1979, at the age of 30, when she lost her husband to alcohol addiction related health issues. This prompted her to focus her attention on the problem of alcoholism. In order to prepare herself, Shanthi, holder of a Master's Degree in Social Service, joined the Hazelden Foundation, Minneapolis, USA for training in treatment of addiction. Subsequently, she started a day care centre for people addicted to alcohol and drugs in Chennai, in 1980.

This modest beginning, with a few assistants, grew to become the T. T. Ranganathan Clinical Research Foundation, a non-profit and non-Governmental organisation which is a pioneering institution in the field of addiction. The Foundation’s services have expanded over the span of three decades to include TTK Hospital, a hundred-bed treatment facility. Since 1980, the organisation has helped over 25,000 individuals affected by alcohol and drug addiction.

The main objectivities of T. T. Ranganathan Clinical Research Foundation are to:

▶ Provide treatment and rehabilitation for alcoholics and drug addicts and their families;
▶ Provide effective treatment to villagers at their door steps though 'camps'
▶ Provide 'hands-on' training to trainers on issues related to addiction
▶ Sensitise and train professionals and para-professionals towards early identification and referral and
▶ Raise awareness for varied target groups on addiction related topics through printed materials

Talking about the centre that is a pioneer in Family Therapy Programmes, Shanthi Ranganathan says: "While it appears as though the substance user is the only affected person, one must remember that the family undergoes a similar, if not greater, trauma." The main focus of this programme is for family members to recover and maintain a normal routine and to understand that addiction is an illness and the substance user requires their complete support and understanding to recover".

Apart from providing in-house treatment, the T.T.K. Hospital has an extensive community project that involves conducting fifteen-day treatment camps for alcoholism in villages making use of the community support for the past 25 years. The centre has witnessed, in rural areas, measurable success in the number of fathers giving up alcohol and going back to work in the field, dropouts resuming their education in school and family debts having been repaid. This village-based community project has now become a treatment model around the world.

Dr. Ranganathan has ensured professionalism and transparency in her work ethics at all times, and under her leadership, the T. T. Ranganathan Clinical Research Foundation has developed into a world-class treatment centre. Under the guidance of Dr. Ranganathan, TTK Hospital was the first in the region to apply lessons learnt...
Outstanding services in the field of addiction, an award presented by the Colombo Plan

from the Universal Treatment Curriculum for Substance Use Disorders as evidence-based practice. This resulted in TTK Hospital being recognized as an ICCE-approved education provider.

Dr. Ranganathan was the recipient of the Padmashree Award in 1992 from the Government of India for her contributions to society. In 1999, when the United Nations instituted the United Nations Vienna Civil Society Award, Dr. Ranganathan was selected for the award for her Outstanding Contributions in the Fight Against Drug Abuse, making her the first recipient of the award which was presented to her by the then United Nations Secretary General Kofi Annan. In 2015, the Government of Tamil Nadu presented her with the Avvaiyar Award, presented every year on the International Women’s Day, to a woman who has done outstanding social work.

Dr. Ranganathan has worked closely with ICCE as a Global Master Trainer, a resource person in curriculum development, and as the Deputy Chairperson of the ICCE Commission. In recognition of her valuable services, Colombo Plan also presented her with an award for outstanding services in the field of addiction in the year 2003.

Not only knowledgeable but very humble, Dr. Ranganathan talks fondly of the smiles on the faces of family members of clients who have recovered from alcoholism as the greatest reward and satisfaction she receives through her work.

Taking some rest from her many years of tireless work in the field of alcohol and drug addiction, Shanthi Ranganathan is now involved in helping school children in remote villages of India - another venture that is close to her heart. We, at ICCE, extend our gratitude to Shanthi and wish her the best as she continues to make an impact on the lives of people, young and old.
The pilot training is part of the seven-step process of curriculum development. This step aims to evaluate the content, quality and usability of the training manuals as well as identify possible content gaps that will need to be addressed on the final revision of the manuals. Hence, to continue its training series for the professional advancement of the drug demand reduction workforce, ICCE conducted the following pilot trainings from January to June 2016.

<table>
<thead>
<tr>
<th>Course 9: Pharmacology and SUD</th>
<th>Course 10: Managing Medication Assisted Treatment Programs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course 11: Enhancing Motivational Interviewing Skills</td>
<td>Course 15: Skills for Managing Co-occurring Disorders</td>
</tr>
<tr>
<td>Course 12: Cognitive Behavior Therapy</td>
<td>Course 16: Advanced Clinical Skills</td>
</tr>
<tr>
<td>Course 13: Contingency Management</td>
<td>Course 17: Case Management Skills and Practices</td>
</tr>
</tbody>
</table>

Global Master Trainers at UTC 11, 13 and 17
In a population of 51.7 million people, there are only less than 10 drug treatment centres in Tanzania, an inordinately low figure calling for upscaling of drug intervention measures.

It is for this reason that from 22nd February to 3rd March 2016, Colombo Plan International Centre for Credentialing and Education of Addiction Professionals with funding from the Bureau of International Narcotics & Law Enforcement Affairs, US Department of State commenced the UTC trainings in the country. This was done in collaboration with the Ministry of Health, Social Services, Elderly, Women and Children. The training covered Universal Treatment Course (UTC) 1 and 2 on Physiology and Pharmacology, and Continuum of Care for Addiction Professionals respectively. This was the first cycle of the UTC trainings in Tanzania. It was held at Kunduchi Beach Hotel in Dar es Salaam, Tanzania. The trainers were Dr. Norman Sabuni, Susan Gitau, Matilda Omollo and George Murimi

There were 15 participants being trained as trainers. They were drawn from various sectors including mental health, academia, and non-government organisations. The overall goal of the training programme was to equip local addiction treatment professionals with the latest knowledge of evidenced-based practices in addiction treatment and enable them to integrate these practices into their clinical work.

There was 22.3% and 27% improvement from pre-tests to post tests in UTC 1 and UTC 2 indicating that the participants acquisition of skills and knowledge was attained. The training materials were rated 87% by the participants and 100% of the participants felt that the objectives of the training had been met, and that they had acquired skills and knowledge relevant to their current work.

The participants were also subjected to teach-back sessions during which they demonstrated their capacity to disseminate the content in the echo-trainings that would follow. They were not only rated but also given invaluable feedback by the trainers and fellow trainees on how to ensure that their training techniques are adequate. These National Trainers are now tasked to implement The revised training manual and courses will be submitted for Peer Review and approval from the Treatment Expert Advisory Group. ICCE hopes to roll-out the training for these courses on the 4th quarter of this year, 2016.
echo training to their fellow addiction professionals, as a strategy adopted by ICCE in all the countries it has initiatives in.

Overall, the trainees expressed satisfaction with the trainers, training methodology and training materials which they described as structured, informative and user friendly. Many of them said that in their years of training and being trained, they had not come across as comprehensive yet comprehensible course as the UTC. What a compliment!
South Africa: First Cycle of ToT for National Trainers

South Africa has made significant strides in the fight against drugs and substance abuse. A firm zero-tolerance and comprehensive approach to tackling drugs has worked to some extent in trying to keep the population free from drugs. However, new emerging trends indicate that, in recent years, more young substance abusers aged below 20 years have been arrested. The South African Central Drug Authority (CDA) has received numerous requests from less privileged populations for placement into treatment facilities. A significant rise in 'cluster abuse' of Nyaope, a powerful depressant and hallucinogen (combination of heroin, marijuana and others....), has been noted among many youth. The profiles of youth abusers have also changed, with many coming from middle-class families and those doing well in school. The South African National Drug Master Plan (NDMP) concludes that there is dire need of developing toolkits for parents, educators and youth counsellors to raise awareness on drug related issues.

It is against this backdrop that the collaboration between the CDA and the International Centre for Education and Credentialing (ICCE), Colombo Plan was conceived. The collaboration is to train trainers of trainers from significant sectors mandated by legislation to combat Substance use and abuse in South Africa, including community partners, NGO’s, CSO’s etc. The first cycle of training took place from 4th to 14th May, 2016 at the Leriba Hotel and Spar, Pretoria. Participants
Thailand: ICCE Conducts Second Joint Initiative with PMNIDAT

The International Centre for Credentialing and Education of Addiction Professionals (ICCE) in collaboration with Princes Mother National Institute for Drug Abuse Treatment (PMNIDAT) in Thailand conducted its second cost-sharing initiative (CSI) on Universal Treatment Curriculum for Substance Use Disorders (UTC) from 15th February to 6th April 2016 at the training centre of PMNIDAT in Pathumthani, Thailand. The training covered the nine training curricula of UTC Basic Level Training Series and the Refresher Course for Examination Preparation.

PMNIDAT is a premier organisation involved in the treatment and rehabilitation of people with substance use disorders in Thailand and also focus on developing academic research and developing knowledge and technology in medical science about addiction.

Twenty four drug addiction professionals of varied backgrounds from government and non-government organisations of Thailand including one CSI participant from Sri Lanka participated in the training. In addition, seven participants from Philippines joined the Refresher Course from 4th to 6th April 2016.

"We are encouraged knowing that we are aligning ourselves with an advanced, appropriate and current strategy having heard from the experts about the advances that have been made in the field of SUD. We have fortified our thinking and acknowledged that we need to influence a paradigm shift in the treatment arena. We will be strategising and presenting Deputy Minister with a plan of action that will penetrate deep down into the hot spots in all nine of our provinces in South Africa, including Limpopo...."

David Nathan Bayever, Deputy Chairperson, Central Drug Authority South Africa.
Bangladesh: Completion of Training on UTC Basic Level

International Centre for Credentialing and Education of Addiction Professionals (ICCE) conducted the Training of Trainers (TOT) on Universal Treatment Curricula for Addiction Professionals (UTC) Basic Level Curriculum 3; Common Co-occurring Mental and Medical Disorders and Addiction Professionals for the national trainers of Bangladesh from 29th to 31st May 2016. This three-day training was attended by 14 Bangladeshi national trainers of varied backgrounds from government and non-government organisations. This marked the completion of ToT on UTC Basic Level for Bangladesh.

The opening ceremony was graced by Mr. Khandakar Rakibur Rahman, Director General of Department of Narcotics Control, Ministry of Home Affairs of Bangladesh. The training was facilitated by Ms. Aditi Ghanekar (India), Dr. Danai Indrakamhaeng (Thailand), and Mr. Clemente A. Abella Jr. (Philippines).

The TOT initiative seeks to enhance treatment capacity by providing training to professionals to become national trainers who work for people with substance related and addictive disorders. It is likewise designed to promote the credentialing of addiction professionals to ensure quality assurance and adherence of practice to global standards. The UTC 3 in particular, is meant to help participants identify common co-occurring disorders and factor these into individualized treatment planning.

Upon completion of UTC 3, ICCE conducted a Refresher Course from 1st to 4th June 2016 for the national trainers of Bangladesh to prepare them for ICCE Level I online examination.

In addition to the thirteen national trainers of Bangladesh, seven national trainers of Pakistan who had not obtained their credentials were also participated in the Refresher Course and sat for the online examination held at Bangladesh Computer Council in Dhaka, Bangladesh.

The participants expressed their sincere gratitude to ICCE for the knowledge and wonderful experience gained through the UTC basic level training series.
ICCE Initiatives in Myanmar

ICCE initiatives in Myanmar have taken place since June 2015 with a purpose to enhance the national capacity to provide evidence-based health services to people with Substance Use Disorders (SUD) in a comprehensive and holistic approach. Training of Trainers on UTC 1, 2 and 4 has been completed, benefiting 25 national trainers in the country. After the completion of the second cycle of Training of Trainers (TOT) in Myanmar in December 2015, ICCE continued to train addiction professionals in different States and Divisions.

After the TOT, the first echo-training on UTC 1 and 2 was conducted on 28th March – 5th April at Nadi Hotel, Mandalay, Myanmar which was participated by representatives from Ministry of Health, Substance Abuse Research Association (SARA), Department of Social Welfare, Burnet Institute, Myanmar Anti-Narcotics Association (MANA), Medicines Du Monde (MdM), Mae Fa Luang Foundation (MFLF), and Health Poverty Action (HPA). The second cycle of echo-training on UTC 1 and 2 was conducted in Myitkyina, Kachin State on 19th - 27th May 2016 attended by participants from Government Hospitals, Rural Health Centres, Rehabilitation Centre, NGOs and Drop-in Centres in Kachin State.

Preparation For ICCE Examinations?

ICCE STUDY GUIDE IS YOUR BEST HELP!

What Is ICCE Study Guide?

The ICCE Study Guide was developed by a team of ICCE Master Trainers to assist addiction professionals in the preparation for ICCE examination for ICAP I, II and III credential.

The Study Guide content covers the four domains of the ICCE examination for ICAP:
- Pharmacology of Psychoactive Substances
- Counselling Practices
- Theoretical Base of Counselling
- Professional Issues

Pay only 50 USD for your copy!
(Courier fees are not included)
Contact ICCE today at icceinfo@colomboplan.org

GET A COPY OF ICCE STUDY GUIDE TODAY!
On 2nd - 4th May 2015, ICCE convened another expert panel meeting to review the new set of questionnaires for the ICAP Level II credentialing examination. The meeting was held at the PTC Office in New York city, USA.

The panel led by Mr. Tay Bian How, ICCE Director comprised of Ms. Winona Pandan, ICCE Curriculum Development Coordinator (Treatment), Dr. V. Thirumagal, Consultant, TT Ranganathan Clinical Research Foundation, India, Dr. Sun Min Kim, Associate Professor, Adama University, Ethiopia, Dr. Rehana Kader, Clinical Psychologist, Summit Psychiatric Clinic, South Africa, Ms. Shirley Mikell, Consultant to ICCE, and Mr. James Holder, Counsellor, Positiveintentions.org, USA. Ms. Karen Sturges-Vera of PTC facilitated the meeting discussion.

Out of the 320 test items reviewed, a total of 175 items were approved by the panel for the ICAP Level II examination. These test items were categorised under the following domains:

| Pharmacology of Psychoactive Substances | 20% |
| Counseling Practice | 30% |
| Theoretical Base of Counseling | 30% |
| Professional Issues | 25% |

In a subsequent side meeting between Mr. Tay Bian How and Ms. Vicki Gremelsbacker, President of PTC, the translation of the ICAP examinations into several languages was discussed. ICCE will translate the examinations into Spanish, Portuguese, Pashto and Dari for Afghanistan, and Urdu. Both parties agreed on the timeline for the development of the ICAP Level III examination and administration of the credentialing examinations in Bangladesh, Indonesia, Kenya, Malaysia, and Brazil this year.
## ICCE Credentialed Sixty Addiction Professionals in Ten Countries

The International Centre for Credentialing and Education of Addiction Professionals successfully conducted five examinations from January to June 2016 in different regions of the world. The details of examinations conducted are as follows:

<table>
<thead>
<tr>
<th>No.</th>
<th>Venue</th>
<th>Date of Examination</th>
<th>Number of Candidates</th>
<th>Number of passed Candidates</th>
<th>Examination Mode</th>
<th>Examination Taken</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Nassau, The Bahamas</td>
<td>29&lt;sup&gt;th&lt;/sup&gt; January 2016</td>
<td>22</td>
<td>21 (95.45%)</td>
<td>Pencil</td>
<td>ICCE I: 22</td>
</tr>
<tr>
<td>2</td>
<td>Abu Dhabi, UAE</td>
<td>9&lt;sup&gt;th&lt;/sup&gt; &amp; 10&lt;sup&gt;th&lt;/sup&gt; March 2016</td>
<td>8</td>
<td>6 (75%)</td>
<td>Pencil</td>
<td>ICCE II: 8</td>
</tr>
<tr>
<td>3</td>
<td>Nonthaburi, Thailand</td>
<td>7&lt;sup&gt;th&lt;/sup&gt; April 2016</td>
<td>24</td>
<td>14 (58.33%)</td>
<td>Online</td>
<td>ICCE I: 24</td>
</tr>
<tr>
<td>4</td>
<td>Dhaka, Bangladesh</td>
<td>5&lt;sup&gt;th&lt;/sup&gt; June 2016</td>
<td>20</td>
<td>19 (95%)</td>
<td>Online</td>
<td>ICCE I: 20</td>
</tr>
<tr>
<td>5</td>
<td>Nairobi, Kenya</td>
<td>18&lt;sup&gt;th&lt;/sup&gt; June 2016</td>
<td>38</td>
<td>Pending</td>
<td>Online</td>
<td>ICCE I: 16, ICCE II: 22</td>
</tr>
<tr>
<td></td>
<td><strong>Total</strong></td>
<td></td>
<td><strong>112</strong></td>
<td><strong>60</strong></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

During the last six months 60 addiction professionals in the Bahamas, Bangladesh, Botswana, Kenya, Pakistan, Philippines, Thailand, South Africa, Sri Lanka, and United Arab Emirates obtained their credentials through ICCE.
Refresher Course, Examination and Credentialing in Bahamas

In preparation for the credentialing examination on 29th January 2016, a Refresher Course was conducted for the Bahamian national trainers on 25th to 27th January 2016 in Nassau, Bahamas. The review covered the course content of the Basic Level UTC and the domains of the examination.

On 25th April, the U.S. Embassy’s International Narcotics and Law Enforcement Affairs (INL) Section in partnership with the Sandilands Rehabilitation Centre (SRC), co-hosted a credentialing ceremony for the 20 new Bahamian “International Certified Addiction Counsellors”, who successfully completed the training series and the examination.
After the successful completion of the Basic Level UTC training course and the awarding of ICAP credentials, ICCE kept the fire burning for the 20 Bahamian national trainers through training on the Advanced Level UTC series, Course 14: Working with Families. The programme was held on 26th - 30th April 2016 in Nassau, Bahamas. The national trainers remained fully engaged and enthusiastic during the course of the training.

ICCE remains grateful to the INL – Nassau for its continued support, the Ministry of Health and Sandilands Rehabilitation Centre for their collaboration that ensured the successful implementation of this training initiative.
It was a special day when the First Lady of Japan, Ms. Akie Abe, wife of Prime Minister Shizo Abe, visited Oneness headquarters in June 2016. Oneness officials provided the First Lady with information on the current collaboration between ICCE and Oneness Group, and the need for treatment and prevention protocols based on the latest scientific research and evidence, as well as professionalising the workforce to expand its capacity. Thanking Oneness for its work in treating addiction, Ms. Abe assured her support towards Oneness’s commitment.

ICCE has been collaborating with Oneness Group since 2014 to conduct training on Recovery Coach and Universal Treatment Curriculum in Japan. The partnership also aims at localising the ICCE programmes into Japanese in the near future.

Being a country where addiction is little understood and severely stigmatised, it is hoped that this significant visit by First Lady will promote awareness and help remove the stigma attached to addiction.

As an ICCE Education Provider, Oneness Group is grateful for the continued support from ICCE in their effort to professionalise the drug demand reduction workforce.

Yuji Yazawa
President, The Oneness Group Foundation
ICCE Core Values

I - Internationalisation

ICCE supports and develops policies and practices that are informed by research and science-based. Our approach is holistic, and embraces the principles of inclusion and globalisation. We have a universal curriculum for prevention and treatment, besides specialised curricula for women and persons in recovery, and the rural community. ICCE brings together prevention coordinators and implementers, as well as addiction treatment practitioners through training workshops, seminars, conferences. We also provide credentialing opportunities to professionalise the global drug demand reduction workforce and promote internationalisation of evidence-based intervention strategies and associated practice.

C - Collaboration

In promoting the globalisation and engagements of its three key functions, ICCE collaborates with major stakeholders, including but not limited to national drug focal points in Colombo Plan member and non-member states, other government departments and agencies, NGOs, prevention and addiction treatment experts, researchers, and practitioners, tertiary institutions colleges, education providers, and more recently, the International Consortium of Universities on Drug Demand Reduction (ICUDDR) to keep abreast with current research in prevention science and treatment of substance use disorders. Collaboration is a key element in the implementation of our global initiatives as we grow in strength beyond Asia and Africa to the Western Hemisphere.

C - Competence

ICCE advocates the enhancement of knowledge acquisition, application of knowledge into skills, and the integration of skills with attitudes, values, and dispositions into abilities or competencies. We require all regional/global master trainers, and national trainers to develop a set of minimum standards encompassing a mix of behaviour and action for effective performance in training and service delivery to concerned individuals, families and the community. Our primary focus on competence allows us to maintain a leading edge in prevention programming, treatment intervention strategies, and international credentialing, build a strong global network through the International Society of Substance Use Prevention and Treatment Professionals (ISSUP), and improve the quality of life for all, irrespective of race, religion or creed.

E - Excellence

ICCE nurtures a culture of excellence within and without the organisation in adherence to a Code of Professional Ethics. In order to be excellent, we strive to find solutions to challenges that come our way, exceed normal performances and achieve outstanding results. We also advocate non-maleficence in providing prevention and treatment services to our beneficiaries.
Welcome on Board

Cindy Biding joined ICCE in April 2016 as a trainer for South East Asia and the Far East regions. She is also responsible for coordinating collaboration between ICCE and Education Providers. Cindy has a wide experience in the field of education. She served the Ministry of Education, Malaysia for 20 years prior to joining Swinburne University of Technology Sarawak campus (an Australian University branch campus) as a lecturer, and senior counsellor. She moved on to Monash University Malaysia where she carried out research projects in psychosocial factors at work. She has presented papers at international conferences and her work has been published in a book (Psychosocial Factors at Work in the Asia Pacific 2014) by Springer.

Cindy is a registered and licensed counsellor. Her work in the field of substance use started with prevention and psychoeducation. As a counsellor she has also worked with clients with substance use disorders and their families. As an ICCE trainer, Cindy hopes to be able to make a difference in peoples’ perception of substance use disorders for better treatment outcome and improvement in the lives of individuals, families and communities.

“To be able to elevate the lives of the people we touch is self-actualization and beyond”

Teshani joined ICCE in March 2016 as the Accountant. She brings more than 20 years of extensive experience in Sri Lanka and in US GAAP reporting. Teshani is a Chartered Management Accountant (CIMA, UK) and Certified Public Accountant (CPA, USA). She also holds Masters in Business Administration with minor in Accounting from Texas A & M University, USA and Masters in Business Administration from the Post Graduate Institute of Management (PIM), Sri Jayawardenapura. Sri Lanka.

Teshani started her accounting career with CTC Eagle Insurance Sri Lanka. She then worked for International Science and Technology Institute (ISTI), a Virginia based company in Sri Lanka, who was a lead contractor for USAID, as the Chief Accountant for three major projects in Sri Lanka funded by USAID, before migrating to the United States in 2000 to join her husband.

In the USA, she worked firstly with Bear Stearns mortgage division, and then eight years with Citi Group. Then she joined Mothers against Drunk Driving (MADD), the second largest not-for-profit Organisation in the USA as a Senior Regional Accountant.

Teshani is looking forward to working with the Colombo Plan by making a significant contribution to the growth and development of the organisation. Teshani is responsible for overall financial, accounting and administrative aspects of the projects. She also be responsible for establishing, prior to project effectiveness, and maintaining an effective financial management system for the project implementation, including management of project accounts.

Lihini de Silva is the youngest addition to ICCE. After completing her undergraduate, Lihini joined ICCE as an intern early this year and from April 2016, she joined as a Junior Programme Officer. While working, Lihini is assigned with ICCE database, training evaluations, administrative, and HR responsibilities. As a young intern Lihini was exposed to and taught of many ICCE tasks.

Being a BSc. Psychology undergraduate from Missouri Science and Technology, Lihini was impressed on ICCE’s mission to train, professionalise and expand the drug demand reduction workforce. According to Lihini, Psychology is an upcoming field in Sri Lanka and as a Psych major, she’s happy to work in an area of her interest. Her long-term objective in life is to put her expertise in psychology to practice in a humanitarian cause. With ICCE’s initiatives to build a force of a drug demand reduction professionals, she believes she could contribute to this cause.

“It’s been only a few months since I joined, however I believe the experience I’m obtaining at ICCE has already laid the foundation required for me to pursue an MSc. in Psychology. It is in fact a solid stepping-stone to an MSc. in psychology. So far I was thinking of specialising in clinical psychology however, now I’m considering my options to specialize in Addiction Science. With some more years of experience I hope I will be able to bring out the best in me and achieve my long term goals.” Says Lihini.
Be an ICCE Credentialed Addiction Professional

Differentiate yourself in the field

Get trained and credentialed through the Colombo Plan ICCE, whereby the ICCE universal training curricula and credentialing programme is oriented around real world job roles and tasks in assisting individuals and families with Substance Use Disorders. The ICCE credentialing programme is widely recognised and is currently being implemented in 47 countries.

As the first of its kind in the world, the ICCE training and credentialing initiative can assist you to enhance your career in addiction treatment. Become recognised and validate your expertise through the ICCE credentialing programme.

The ICCE credentialing programme is developed in collaboration with NAADAC and NCC AP of USA to ensure a high quality of credentialing programme.

The ICCE universal training curricula provides you with the most current, evidence-based practices to prevention, assessment, treatment and continuing care from the NAADAC and ICCE credentialed trainers who are experts in the field.

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